



M.E.S. INDIAN SCHOOL, DOHA-QATAR

Ext. Cir. 176 /2025-26
02-03-2026

P.O. Box NO. 3453
Tel. No. 44572888

CIRCULAR

COUNSELLING SUPPORT SERVICES AVAILABLE FOR STUDENTS

Dear Parents,

Greetings from MES Indian School!

Please note that counselling services are available to support students during the current crisis to ensure their well-being and emotional stability.

An awareness session will be organized for parents and students to provide guidance on handling anxiety and distress. The session will be conducted via Zoom meeting, and the meeting link will be shared by the respective class teachers.

Parents may contact the school counsellors for any concerns between 8:00 a.m. and 1:00 p.m.

Sl. No.	Name of the Counsellor	Section	Contact Number
1.	Ms. Shahana Fathima K.C.	KG Section	71716327
2.	Ms. Fashna Abdul Samad	Junior Section	55309420
3.	Ms. Irene Thomas	Boys' Section	71306519
4.	Ms. Tulika Mukharjee	Girls' Section	31443953
5.	Ms. Sahala Kottanaduthodika	Evening School	55491459

Please email your queries, feedback and suggestions on info@mesqatar.org.

Thank you for your continued cooperation.


Hameeda Kadar
Principal

To

Parents/Students of classes KG I & XII

Copy to: (1) Governing Board (2) Senior Vice Principal (3) V.P. /Head of Boys' Section (4) V.P. / Head of Girls' Section (5) HOS, Junior (6) HOS, K.G. (7) Headmistress Evening School (8) HAI & QM (9) AHOS, Boys' (10) AHOS, Girls' (11) Manager, Admin & Facilities (12) Accounts Manager (13) Transport Manager (14) Safety & Maintenance Engineer (15) Lead System Admin (16) ICT Section (17) Maintenance Supervisor (18) Coordinator, Campus Care & Housekeeping (19) Welfare Dept. (20) Procurement Manager (21) Canteen Supervisor (22) Library (23) Notice Boards